Welcome to HCC-12, the Epilepsy Monitoring Unit at NYU Langone Medical Center. We understand that this can be a stressful time and you may have many questions. We hope this booklet will help answer your questions and make your stay with us a positive one. Please read through the information below and make sure to ask any member of your health care team about any remaining questions or concerns.

We will work with you to meet your needs and carry out your health care goals. We look forward to making your stay on HCC-12 a positive one.

- THE EPILEPSY MONITORING UNIT TEAM

NYU Comprehensive Epilepsy Center
223 East 34th Street, New York, NY 10016
646.558.0800 • epilepsy.med.nyu.edu
HOW LONG WILL I BE HERE?
You are most likely scheduled to be here for about 3 days. This time may vary depending upon why you are here. Seizures are unpredictable so we will try to cause a seizure as quickly as possible, we never know how long it will actually take to record one.

You may be concerned because your insurance provider approved only a 3 day hospital stay. The insurance companies are aware that this type of hospitalization often needs to be extended because we are waiting for seizures to happen. Most often, insurance companies approve the extension. If there are any issues or problems, we will notify you and will discontinue this extended time.

We understand that you have many day-to-day activities, plans, responsibilities and family. Waiting for seizures to happen can sometimes take up a week or more. If you must leave the hospital by a certain day, please let us know as soon as possible. We will do our best to make this happen through this mechanism. If this is not possible, we will discuss the plan with you every day. We want to make sure your medical needs are being met and that you are safe.

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HOW WILL YOU KEEP ME SAFE?
Your safety is important to us!

- "Bootsie" that massage your legs and help circula-
tion.
- Heparin shots to "thin" the blood so it does not clot.
- Electronic devices (including cell phones) may interfere with your EEG recording. Tell your nurse if you would like to use a cell phone, computer or other electronic device. The staff will look at your EEG and find a good time. Battery charg-
ers placed too close to the head of your bed can also affect the recording. It is best to plug your bat-
tery to a wall outlet.
- You are not permitted to chew gum or eat hard candy or other similar substances. This may interfere with your EEG recording. We also don’t want you to choke on gum or candy during a seizure.

TO LEAVE THE HOSPITAL?
If your seizures can be helped by surgery.

The procedures listed below are followed to help keep you safe during your stay on HCC-12.

Your room is monitored by staff at the nursing sta-
tion. Two staff at the nursing station continuously view monitors that display:

- A live video of your room. The video records your videos which include your EEG.
- Each bed has cushions to help protect you if you have a seizure.
- A button is pressed on coming, press the “event” button if possible. (“Your nurse will show you what to do when you press the “event” button, a nurse will come and evaluate you.”) The nurses and doctors can see exactly when your seizure occurred. If you are having a seizure and cannot reach the button, the staff monitoring the nurses at the nursing station will alert the staff and they can come and assist you.
- The bathroom doors do not lock so that we can gain access to help you if you have a seizure. Remember...the video does not record the bathroom.
- It is important that you know how to take care of yourself when you need to use the bathroom so an atten-
dant can stand outside of the door to assist you if you have a seizure.
- When necessary, medications will be lowered and stopped. You must take this change very slowly. If your movement is limited to your bed or chair. You may be allowed to have someone with you while you are in the hospital.
- Your video-EEG report will be sent to your referring doctor when it is completed, but it may take up to five weeks to be faxed. Please contact your referring neurologist’s office if you would like copies sent to any of their other discharge summaries. Ask your physician if you would like copies sent to your physician’s office.
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- If you want medical records, your doctor will need to get in touch with us. You may not want to know all of your medical needs (medications back to regular doses, seizures regulated, prescriptions written) are taken care of before you leave the hospital. We do our best to make this possible. You can help by arranging your transportation (such as an Ambu-

WHAT TO EXPECT WHEN I LEAVE THE HOSPITAL?
It is important that you know how to take care of yourself at home. Before you leave the hospital, you should:

- Review any medication changes that will begin when you leave the hospital. Remember you should not suddenly stop taking anti-seizure medications. You should always take your medication exactly how your health care provider has told you. We can help you to do this. We will give you a printed copy of your medication changes.
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